



Effervescent Facts and Benefits

1.) What is Effervescence?

Effervescence is the escape of gas from an aqueous solution.

2.) How does it work?

The basis of effervescent technology is the combination of bases and acids that are added to water to create carbonation or carbon dioxide.

3. What are the benefits of Effervescence?

Effervescent are favored because after being dissolved in liquid, they offer a host of benefits: easier to swallow, better tasting and more gentle on the digestive tract. In liquid form, the active ingredients (such as vitamins or minerals) don't need to be digested, they come ready for the body to absorb. In other words, liquids have faster "bioavailability" than solid tablets, allowing a larger dose of ingredients to be taken in a single serving.

Effervescent are preferred by those who can't take solid tablets or capsules because they have difficulty swallowing, or have a sensitive digestive system.

6 Reasons Effervescent Nutritional Supplements Are Effective:

1. **Enhanced Solubility** – Effervescent Powder additives rapidly aid in total solubility, resulting in easier mixing without the annoying clumping.
2. **Muscle Energy** – Effervescent reactions result in direct absorption into the muscles with more supplements in your muscle cells, more cell volume and more strength.
3. **Bio-Availability** – Effervescent Powders micronize quickly through increased permeability, producing extremely efficient bioavailability for active ingredients that pass the destructive digestive process and are absorbed into the blood stream from the intestines to minimize upset stomach, intestinal distress, cramping and bloating. Effervescent supplements are formulated so that the ingredients dissolve uniformly in liquid, reducing the risk of partial dissolution and irritation to the stomach. This also means that the supplements can be absorbed quickly, completely and uniformly.
4. **Quicker Mixing** – Effervescent reaction ensures that every particle completely dissolves for a consistent mix without the gritty taste.
5. **Rapid Absorption** – Powders are absorbed up to three times more effectively. As a result, instant optimized performance.
6. **Quicker Delivery** – Effervescent formulas aid in faster supplement delivery into muscles fibers due to reduced supplement particle size breakdown time during digestion. Effervescent action speeds up dissolving and energizes active ingredients for faster and improved transport into your working muscles.

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